

Sacred Rhythms: New Moon in Aries—Your Time Is Now

New Moon in Aries Date: 4/17/26

Where have you been saving your boldest dreams for "someday"—and what would it mean to declare them now?



Energies at a Glance | New Moon in Aries

- **The Sacred New Beginning**—Aries marks the start of a brand new astrological cycle, and this New Moon carries the energy of a true, clean slate. Not just a fresh start within an existing structure—but the potential for an entirely new chapter to begin. Whatever you are ready to step into, this moon says: *now*.
- **Reclaiming Your Fire**—Aries is ruled by Mars and carries the energy of courage, initiation, and the life force within you. This New Moon is an invitation to reconnect with your own inner fire—your passion, your drive, your desire—and to stop waiting for permission to pursue what is calling you.
- **Sovereign Action**—This is not the moon of contemplation—it is the moon of the first bold step. Aries invites you to act from your own truth, your own authority, and your own knowing, without waiting for consensus, validation, or the perfect moment.
- **Identity & Authentic Self**—Aries rules the self—who you are at your most essential, before the conditioning, the roles, and the expectations layered themselves over you. This New Moon invites you to ask: *Who am I, really? And am I living in alignment with that truth?*
- **Courage as Devotion**—Aries energy can feel bold and even fierce—but at its highest expression, this courage is not reckless. It is the courage of someone who knows her own worth, trusts her own knowing, and chooses herself—not out of selfishness, but out of deep, sacred devotion to her truest self.

Greetings Magick Maker,

When I sat down to feel into the energy of this New Moon, I kept hearing Alicia Keys singing [*This Girl Is On Fire*](#) in my head. And I could feel the undercurrent of the powerful fiery energy that the song inspires buzzing within me.

I know that normally the energy I share in this space is softer and gentler—always encouraging you to be in flow. But this New Moon is different. She is calling for great acts of courage, personal power, and sacred sovereignty.

This New Moon in Aries is asking you to feel that sacred flame that burns within you—and to harness its power to transform your life from the inside out.

She is calling you forth to finally make good on those dreams and desires that you keep saving for another time, because they feel too big, too bold, or too far outside the life you were told to want or the life you currently have.

She wants you to know that your time is now. That the moment is exactly right to declare bold intentions—with clarity, certainty, and fiery passion.

She wants to know...

Where do your passions lie?

Where have you been playing small in order to stay safe?

What is that one wild dream that you keep tucked away for someday?

This New Moon in Aries is asking you to trust that you can have what you secretly desire. She reminds you that it might not show up exactly as you envision it—but what does show up will be exactly what is needed to awaken your most vibrant, passionate, and magickal self.

Can you feel her excitement and enthusiasm?

The poet Mary Oliver once asked a question that I have contemplated many times—one that feels more alive and more urgent under this Aries New Moon than perhaps any other:

"Tell me, what is it you plan to do with your one wild and precious life?"
— Mary Oliver, "The Summer Day" © Mary Oliver

Let that land in your body for a moment.

It is a question this moon is asking of each of us, in her own fiery way.

I will be holding space for you on the 17th, to support your courageous intentions and commitments as you call forth your most authentic, passion-filled dreams and desires.

With sacred fire and new beginnings,

Kim 💜

Kim Turcotte
Spiritual Teacher | Creator of Step Into Your Magick™

Reflection Prompts for this New Moon

A Gentle Reminder...

Whether you contemplate these questions in the quiet of the morning, during a walk, or seated in front of your altar with your journal—the most important thing is to give them some time and energy during the New Moon window.

I normally define the New Moon Window as the day before, the day of, and the day after the date the New Moon falls upon.

Here are your reflection prompts for this New Moon:

- Where in my life have I been playing small—and what has that cost me? What would it feel like to stop waiting for permission and claim what I truly desire?
- What is the one bold dream or desire I have been tucking away for "someday"—and what is one courageous step I can take toward it at this New Moon?
- Where am I still allowing fear, obligation, or the need for approval to override my own inner knowing—and what would sovereign action look like in that space?
- Who am I at my most essential, beneath the conditioning and the roles I have played? And what intention can I plant at this New Moon that honors that truest version of myself?

Invitation Into Sacred Practice

Your Sacred Rhythms membership exists not only to help you develop a relationship between yourself and the Moon—it also serves as a simple, yet powerful way to create a sustainable spiritual practice over time. But the truth is, practice is a verb, and your engagement is necessary. No grand gestures required—just follow your own rhythm, flow, and trust your inner knowing, then let your practice unfold over time.

Here is a gentle way to lean into your practice during this New Moon Window:

1. Give yourself the space to sit with the Energies at a Glance and see what stands out to you, then feel into why that might be. Remember, there are no right or wrong

answers—just allow yourself to acknowledge what comes up without judgment.

2. Read through the reflection prompts and allow your unfiltered response to land in your body.
3. New Moon energies are a time for planting seeds—for setting intentions around what you are calling in. What is one bold, honest, soul-level intention you are willing to plant at this New Moon—one that truly belongs to you?

Please be gentle with yourself—and please, do not make this complicated. A seed does not need to be a fully formed plan. It simply needs to be honest, courageous, and yours. Try not to see this as an act of self-improvement—but rather an act of sacred devotion to yourself and to your truth.

Let your intentions be bold, expansive, and most importantly, kind. 💜